

MEDIA RELEASE



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Terri-Lynn Brown: Achieving her education goals with support and encouragement from the team

August 31, 2022 – Four years ago, Terri-Lynn Brown was the recipient of Campbellford Memorial Hospital's Cathy Archer Nursing Education Award that has provided her with financial support while she completes her Nurse Practitioner Program (Masters in Nursing) as a part-time student.

"It was solidification that I was on the right track and that I had the support of the organization and my colleagues," reflected Terri-Lynn, who is a RN working primarily in CMH's Emergency Department for the past 12 years. "This recognition offered me financial support but also kept me on track."

The Cathy Archer Award is an annual education bursary to support staff member's continuing education. For Terri, receiving this particular award came with a personal connection.

"When the Archer Family presented this award, they shared some kind words, which was so inspiring. I had worked with Cathy Archer before her passing and so the award in her memory was quite personal and motivating."

The supporting role of the CMH Team

Becoming a Primary Care Nurse Practitioner was Terri Lynn's goal since she graduated as a RN, and it was her colleagues (who have become great friends) who reinforced this goal through their encouragement.

"The combination of my physician colleagues sharing their knowledge and encouraging me to expand my thinking and my nursing colleagues pushing me to challenge myself and grow professionally, has given me the extra confidence to pursue my education goal."

Terri-Lynn has learned how important it is to share your goals with colleagues and friends to provide you with the additional support and motivation.

"I could walk the halls on any given day, and someone would ask about my program and how I am doing— everyone I pass in the hall knows my mission and that makes me accountable to my own goals. It is motivational that so many colleagues know what I'm doing, support what I'm doing and think I'm capable of what I'm doing."

Terri-Lynn's colleagues have also helped her move closer to finishing her program in August 2022 by creating two placements at CMH, which have been challenging to land during the pandemic.

The opportunity for professional growth

As Terri-Lynn reflects on her journey to reaching her goal of becoming a Primary Care Nurse Practitioner, she notes how beneficial working in a small hospital has been to her professional development from the financial support, advice, inspiration, and opportunities for practical training. Through the multiple years that she's pursued her studies, she has also been able to give back and apply her new skills and knowledge in her RN role.

"I have gained a more in-depth clinical knowledge and on top of that a greater appreciation for different perspectives and the various roles in health care."