



MEDIA RELEASE

Accessing Healthcare this Holiday Season

For Immediate Release – December 17, 2020 – As we enter the busy holiday season, Campbellford Memorial Hospital (CMH) is reminding individuals to stay healthy and stay vigilant by following all public health guidance for our region. If you do need to access emergency services, the CMH Emergency Department will continue to operate 24/7 over the holiday season.

The Trent Hills COVID-19 Assessment Centre will remain open Monday to Thursday through the holidays, with adjusted hours on Christmas Eve, open 9AM to 1PM. Normal business hours will resume on December 28th. The Assessment Centre is open from 9AM to 5PM and by appointment only. The Centre is located off Isabella St., in the old paramedic bay, connected to the hospital. Please call (705) 395-1801 to schedule your appointment.

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When to Seek Emergency Care

Don't wait to seek care. Visit the Emergency Department if you are experiencing any of the following symptoms:

- Seizure or convulsions
- A broken bone or wound requiring stitches
- Chest pain or tightness in the chest
- Difficulty breathing
- Abdominal pain
- Confusion and disorientation
- Stiff neck and sensitivity to light
- Continuous vomiting or severe diarrhea with signs of dehydration
- Sudden severe headache, weakness, vision problems, numbness/tingling, trouble speaking, dizziness

Any infant under three months of age with fever over 38.5C/101F or has a fever and is difficult to wake should be seen at the Emergency Department.

- If you are visiting the Emergency Department:
- Come alone unless a support person is required
- Always wear a mask and do not bring food or drink
- Bring your health card and a list of your current medications

For non-urgent health concerns, please contact your primary care provider. If you are unable to get an appointment with your provider or attend an after-hours clinic, you can also access Ontario's telephone and virtual care options. Connect virtually to an on-call doctor by visiting www.virtualcarenow.ca or to speak to a Registered Nurse 24/7 you can call Telehealth Ontario toll-free at 1-866-797-0000.

Community Healthcare Service Holiday Hours

Geriatric Assessment and Intervention Network (GAIN) Clinic Hours

(By appointment only)

Dec. 21, 22, 23, 24 8AM – 4PM

Dec. 25, 26, 27, 28 CLOSED

Dec. 29, 30, 31 8AM – 4PM

Jan. 1 CLOSED

Campbellford & District Community Mental Health Hours

(By appointment only)

Dec. 21, 22, 23 8:30AM – 4:30PM

Dec. 24, 25, 28 CLOSED

Dec. 29, 30 8:30AM – 4:30PM

Dec. 31 & Jan. 1 CLOSED

Trent Hills Family Health Team

Campbellford Office 119 Isabella St. Phone: (705) 653-1801

Dec 21, 22, 23, 24 8AM – 1 PM: In-person physician appts/phone appts*, bloodwork/ in-person nursing care

Dec. 25, 28 CLOSED

Dec. 29, 30, 31 9AM – 1 PM: Open as above, however no bloodwork this week.

*Physicians determine who needs to be seen in-person vs. phone appts

Warkworth offices 52 George St. Phone: (705) 924-2230 (Dr. Jamieson) **or** (705) 924-1239 (Dr. Parks) open same as above.

Hastings Office (Dr. Maraghi) Unit 2 – 8 Water Street Phone: (705) 696-2231

Dec 21, 22, 23, 24 & Dec 29, 30, 31 phone appointments only

Colborne office 91 King Street East Phone: (905) 355-2075

Dec. 21, 22, 23 9AM – 1 PM: Nurse Practitioner appts in person and via phone

Dec. 24, 25, 28 CLOSED

Dec. 29, 30 Nurse Practitioner appts via phone

Dec. 31 & Jan. 1 CLOSED

For more information please contact:

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