

Preserving

For Immediate Release: June 17, 2015

Trent Hills Community Geriatric Assessment Intervention Network (GAIN) Hosts Open House & Ribbon-Cutting Event on June 16

NEWS:

The Trent Hills Community Geriatric Assessment Intervention Network (GAIN) held an Open House and Ribbon Cutting Ceremony on Tuesday, June 16, 2015 from 2:00 – 4:00 p.m. at its new location at 119 Isabella Street, Campbellford, ON.

The Trent Hills Community GAIN Team is the newest of 11 GAIN teams in the Central East Local Health Integration Network, providing both clinic and in-home services in the Trent Hills area.

GAIN is a program of the Seniors Care Network which is funded by Central East LHIN to support frail older adults living at home or in retirement residences with multiple complex medical concerns, including cognitive impairment, decreased function, falls or risk of falls, impaired mobility, incontinence and/or multiple medications.

Frail older adults 65 years of age and older, who are experiencing changes in support needs, safety concerns, psychosocial and mental health concerns or those with frequent health service usage will benefit from the services offered by the GAIN Team.

The Team provides a comprehensive assessment, care planning and delivery to assist with the complex needs of many older adults. Its inter-professional team works with older adults and their families to develop care plans that will support them so they are able to continue living at home. The team includes Nurse Practitioner, Registered Practical Nurses, Physiotherapist, Pharmacist, Personal Support Worker, Community Care Access Centre Care Coordinator, Geriatrician Support and administrative support.

QUOTES:

“There is a growing population of seniors in this area who have complex health issues who are benefiting from our Trent Hills Community GAIN Team. Along with all the interdisciplinary members of the Trent Hills Community GAIN Team, we support a growing number of local services providing more and even better care for our at-risk seniors here in their very own community.”

Brad Hilker, President and Chief Executive Officer, Campbellford Memorial Hospital



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BACKGROUND:

GAIN referrals can be made by doctors, nurses, other health providers or individuals to Trent Hills GAIN via fax to 705-632-2023. For additional information, contact the office at 705-653-1140 ext: 2139

What GAIN Clients Can Expect:

1. A team member will call to book the first appointment.
2. Team member(s) will meet with you and your family to help determine your needs. This will usually include a physical exam, questions and discussion.
3. Together we will make a care plan.
4. As needed, team members will continue to visit you (in your home) or clinic, and (or) utilize relevant community services to provide the assistance needed to manage your health care and safety needs.

What to bring to the first appointment:

- A family member or friend must attend the appointment with you
- *All* medications including vitamins, eye drops, nose sprays, ear drops and all other over the counter medications
- Printed medication list from the pharmacy
- *All* assistive devices: walker, cane, wheelchair, long handled reacher, etc
- Glasses, hearing aids, dentures, and any prosthetic device(s)
- A snack & water

What to expect at the appointment:

The duration of a comprehensive assessment is 2-3 hours. This usually includes a past medical history review, a medication assessment, a physical exam, a mobility and functional assessment, and cognitive screening. Upon completion of the assessment, the GAIN Team and the Nurse Practitioner, or Medical Doctor will identify and discuss areas of concern, provide recommendations and insight into care planning.

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For more information, please contact:

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